



SPORT IN NORTH WEST, CAMEROON

## H4BF AND SPORT WITH CRISIS AFFECTED WOMEN & CHILDREN

*IN PARTNERSHIP WITH....*

**H4BF**



**GAMIP - AL&C**  
Global Alliance for Ministries  
& Infrastructures for Peace  
America Latina & Caribe



# The project

H4BF, MasterPeace Cameroon, SACOD and GAMIP Works put together their ideas and energy to support safe spaces and empowerment of women and children through sports. In this context, **Play for Peace (PLAPEC)** is an initiative where we provide the space, materials and facilitation of regular sport activities: kickboxing, volleyball, yoga, dancing, soccer and running. The expertise of H4BF, GAMIP, MasterPeace Cameroon and SACOD come together with the space.

## Why

Through sport we empower displaced women and children to believe in themselves, their dreams and their goals! Sport makes people happy and healthy!

## Safe Spaces

Our project offers a safe space for internally displaced and crisis affect women and young people in North West region of Cameroon. In the project we break with social and ethnic barriers and everyone is welcome regardless of background, origin, sex, orientation, race, language, or ethnicity.

## Sport for women & Children's

An important part of the project specifically aims to support crisis affected women and children. Sport supports women's and children physical and mental health and allows them to feel connected and less isolated. Additionally, through sport activities, women form both a physical and abstract safe space as well as build up their own community, within a context of such a non-space as a settlement area.



# The partners

Through the exchange of our respective experiences and skills, H4BF, GAMIP, MasterPeace Cameroon and SACOD started a cooperative project to grow sports in North West Cameroon focusing on offering sports for crisis affected women and children from North West Cameroon. The organizations work together to learn from each other, disseminate and create and foster a network throughout North West region of Cameroon through sport activities.

## Our Team



- Training facilities, gym space
- Creating a safe space for everyone to come
- Material and equipment
- Housing and food



**GAMIP - AL&C**  
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- Coordinators & Teachers
- Recruitment
- Fundraising
- Material and equipment
- Capacity building



- Participation in the recruitment process
- Coordinator of the sports work area
- Fundraising tasks
- Ongoing work on the development of the project and its sustainability, including short term onsite visits
- Dissemination and research



**MASTERPEACE**  
**CAMEROON**

- Coordinators & Teachers
- Recruitment
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- Material and equipment
- Capacity building



## Values

Positive  
Health

Women  
Empowerment

Child  
protection

Leadership

Capacity  
building

## Outputs

One of our fundamental objectives is to get IDP women and children from being users of sports activities to trainers in charge of their own projects, so that they can be integrated into the community, develop their skills, and gain security and self-confidence. These skills, and experience add tools for a long-term perspective. All the teachers will be from the crisis affected community and they are in the lead of their own training.

## What we do

- Elaborate offer of different sport activities
- Special activities for women and children
- Possibility to become a teacher
- Coordinator responsible for scheduling.
- Psychosocial Support





**The Sport project in Bamenda, North West, Cameroon would cost around 48,000 euros.**

**This includes:**

Stipends for center's Managers/Coaches	→	Per year: 12.000 euros
Monthly Supplies	→	Per year: 3.200 euros
Training's teachers	→	Per year: 2.000 euros
Scholarship for children	→	Per year: 7.400 euros
Communication /travels	→	Per year: 1.000 euros
Space set up (Rental and equipment)	→	24,400 euros

**If you want to support the project, don't hesitate to contact us!**

**H4BF:** [info@h4bf-foundation.org](mailto:info@h4bf-foundation.org)

**SACOD:** [info@sacod.org](mailto:info@sacod.org)